

## Our Facility:

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Native Horizons Treatment Centre is located on the New Credit Reserve and provides residence for 15 individuals in a co-ed, home like environment, promoting a feeling of comfort and safety. The residential area houses a common room, seven bedrooms (six two person rooms, one room is equipped for physically disabled persons, and one three person room), and social areas creating a family atmosphere.



## BALANCED HEALTH:

The Staff of Native Horizons Treatment Centre will strive to... *“Role-model a healthy lifestyle in all areas of life – mind, body, spirit and emotions”.*



## NATIVE HORIZONS TREATMENT CENTRE

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## Native Horizons Treatment Centre

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Native Horizons Treatment Centre offers a co-ed residential treatment program for First Nations People with addictions, traumas and related problems.

The program is specifically designed to help individuals reach a well balanced, healthy life style.

## MISSION STATEMENT

Native Horizons Treatment Centre uses a team approach committed to wellness, encompassing a holistic philosophy to address mental health and addictions in a residential setting that meets the unique needs of our Native populations. We continue to incorporate our culture and relevant mainstream practices.

## VALUES STATEMENT

Values govern our interactions with colleagues, our community members (clients), and others.

Native Horizons Treatment Centre believes in the values of Caring, Honesty, Respect, Beauty, Faith and Pride in the delivery of all programs and services.

“Only when we are no longer afraid do we begin to live”- Dorothy Thompson



## 6 WEEK PROGRAM

**Week One:** Orientation & self-assessment

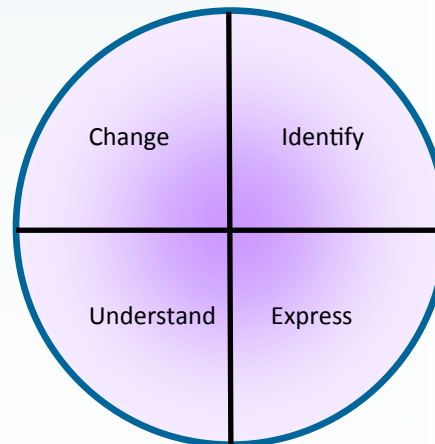
**Week Two:** Self-Awareness & Education

**Week Three:** Identification of Life Traumas & Patterns

**Week Four:** Expression of Emotions

**Week Five:** Understanding Relapse Prevention

**Week Six:** Aftercare & Planning for Change



"Healing takes courage,  
and we all have courage,  
even if we have to dig  
a little to find it."

Tori Amos

## ADMISSION REQUIREMENTS

- Must be detoxified for at least 15 days prior to admission.
- Priority goes to Band Members of the participating First Nations Bands, others upon availability.
- Must be 18 years of age and over
- To be officially referred by their First Nations band or referral agent.
- Transportation to and from the Treatment Centre is the responsibility of the referral agent.

## THE REFERRAL PROCESS

Referral packages must be completed before screening. All packages include client's medical report. Completed packages must be received four (4) weeks prior to intake date. Referrals to the six week program will be accepted from the following referral agents:

- Service agents
- First Nations Professionals
- Medical Professionals
- NNADAP Drug and Alcohol Workers
- CHR's

Applicants must be referred by a service provider that can assist with pre- and post-care services. If an applicant needs assistance arranging a referring service provider please inform the Intake Coordinator. **E-mail: [intake@nhhc.ca](mailto:intake@nhhc.ca)**